

# Year Six: Why do Hindus want to be good

Knowledge Organiser

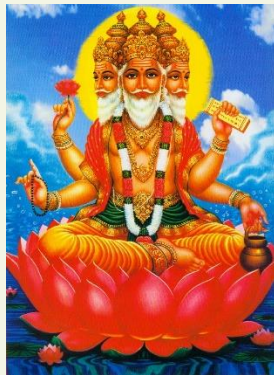


## The Big Idea

In the Hindu Dharma all animals and humans have a spark of Brahman inside them and this is called atman. Brahman is represented in the form of many deities. The atman is pure, eternal and unchanging.

### Who or what is Brahman?

Brahman is the ultimate, all-powerful spirit in Hinduism that is believed to be everywhere and in everything. Hindus believe Brahman is the source of all life, and everything in the world is connected to it.



### What is atman?



Atman is the soul or true self in Hinduism. It is the part of a person that is connected to Brahman, the universal spirit, and never dies.

### What is samsara?

Samsara is the cycle of birth, death, and rebirth in Hinduism and other religions. It's the idea that souls are reborn into new bodies until they reach a state of enlightenment and break free from the cycle.



### How might dharma affect the way someone lives their life?



Dharma is the moral path or duty in life, and it helps people make good choices. It affects the way someone lives by guiding them to do what is right, be kind, and live in harmony with others.

### What is ahimsa and how does it affect the lives of Hindu people?

Ahimsa means "non-violence" and is the belief in doing no harm to others. For Hindus, it affects their lives by encouraging kindness, peaceful actions, and not hurting any living thing, whether in thoughts, words, or actions.



## Vocabulary

Brahman

Atman

samsara

dharma

ahisma