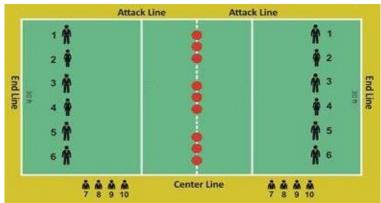


Dodgeball is a fast-paced team sport played with two opposing teams on a rectangular court. The objective of the game is to eliminate players from the opposing team by hitting them with thrown balls, while also avoiding being hit yourself.





Speed Positioning Catch

Dodge Underarm throw Target

Strike Side shot





These are the skills I need to achieve success in LKS2 Dodgeball:

To throw the ball underarm.

To use a side shot throw.

To move in different ways – at speed.

To use body positioning and control to help when catching.

To discuss and apply tactics needed in dodgeball games.

To participate in dodgeball games.