



Physical Education

Subject Leader Report 2024-2025



Subject Leader: Donna Rigby

Spring Term

Our children in the EYFS have been actively developing their physical skills in PE by co-ordinating their balance through a range of movement activities. They have been climbing safely, showing awareness of their surroundings and using equipment with confidence. Through engaging tasks, they are also improving their balance with control, demonstrating steady movements and greater body awareness.

Year 1 children have been exploring dance in PE by creating simple movement sequences, developing their balance, coordination, and spatial awareness. They are also learning to respond to music with rhythm and expression, building confidence in their ability to move freely and creatively. In gymnastics in PE they have been practicing basic movements such as rolls, balances, and jumps, in line with the national curriculum's focus on developing coordination and control. They are learning to perform simple sequences and improving their ability to move with balance and stability on both the floor and apparatus.

Year 2 children have been exploring dance in PE by creating and performing sequences of movements with control and expression, developing their balance, coordination, and spatial awareness in line with the national curriculum. They have been working both independently and collaboratively to refine their movements, demonstrating fluency and rhythm while responding to music. Our Year 2 children have been exploring gymnastics in PE by practising a range of movements such as rolls, jumps, and balances, building strength, coordination, and flexibility in line with the national curriculum. They are developing their ability to create and perform simple sequences, demonstrating control, technique, and an understanding of how to safely use the gymnastic apparatus.

Year 3 children have been exploring gymnastics in PE by developing their agility, balance, and coordination through various floor-based movements and apparatus work, following the national curriculum's focus on improving body control. They are also working on performing sequences of movements with increasing fluidity and confidence, while understanding the importance of safety during activities. In netball, our Year 3 children have been developing key skills such as passing, receiving, and shooting, in line with the national curriculum's emphasis on improving their ball handling and teamwork. They are learning to communicate effectively with their team mates and understanding the basic rules of the game to play confidently and fairly.

Year 4 children have been exploring gymnastics in PE by refining their ability to perform more complex sequences, incorporating rolls, balances, and jumps, in line with the national curriculum's focus on developing body control and coordination. They are also learning to use apparatus effectively while showing increased strength and flexibility in their movements. In netball, our Year 4 children are developing their passing, footwork, and shooting skills, working in line with the national curriculum's emphasis on improving their ball handling, positioning, and teamwork. They are also beginning to understand game strategies and rules, demonstrating improved communication and collaboration on the court.



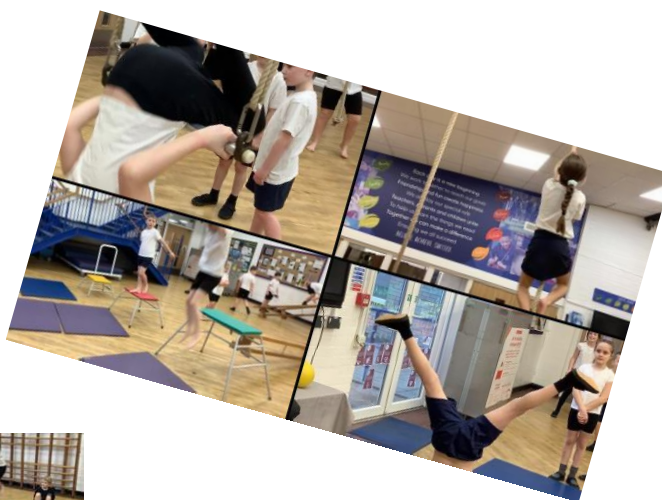
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Year 5 children have been exploring gymnastics in PE by combining more advanced movements such as transitions between balances, jumps, and rolls to create fluid sequences, in line with the national curriculum's focus on developing flexibility, strength, and coordination. They are also working on performing routines with increasing precision, control, and creativity, while demonstrating safety and spatial awareness. In netball, our Year 5 children are refining their passing, footwork, and shooting techniques, building on their understanding of basic rules and strategies as outlined in the national curriculum. They are learning to work effectively as a team, using communication and tactical awareness to improve their gameplay and decision-making on the court.

Year 6 children have been exploring gymnastics in PE by performing complex sequences that include a variety of movements such as balances, rolls, and jumps, in line with the national curriculum's emphasis on precision, control, and the creative use of apparatus. They are also focusing on enhancing their flexibility and strength while working independently and collaboratively to create dynamic and well-executed routines. In netball, our Year 6 children are refining their skills in passing, shooting, and positioning, developing their understanding of more advanced strategies and tactics in line with the national curriculum. They are demonstrating increased teamwork, communication, and decision-making, applying these skills effectively in game situations.





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Our Year 3, 4, and Year 5 and 6 children had an exciting opportunity to attend a gymnastics competition at the Beth Tweddle Gymnastics Centre, showcasing their skills and dedication. The children demonstrated impressive teamwork, strength, and technique, earning recognition for their hard work and commitment to training. We are proud to announce that our team won a fantastic collection of medals, with gold, silver, and bronze awarded for their exceptional performances. This achievement highlights the growth and progress of our students in gymnastics and reflects their determination to succeed in competitive environments.





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Our Year 6 children recently took part in an exciting netball tournament, where they showcased their skills, teamwork, and sportsmanship. Throughout the competition, they demonstrated excellent passing, shooting, and strategic play, working together to outmanoeuvre their opponents. Their dedication and effort were evident as they competed fiercely, making it a memorable and successful experience for the whole team.