

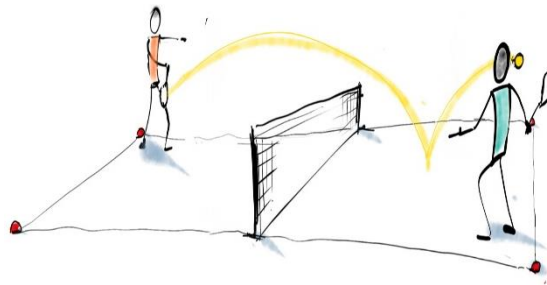
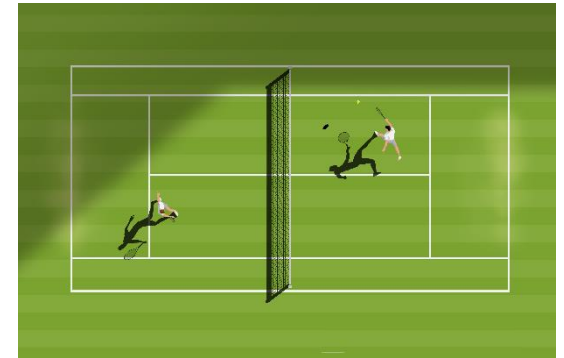
Tennis is a racket sport played on a rectangular court divided by a net and is usually played 1v1 (singles) or 2v2 (doubles). Tennis can be played on grass, clay, hard court or even carpet. Points are scored by hitting a tennis ball over the net and into the opponent's side of the court in a way that the opponent cannot return it.



direction power accuracy

control partner bounce

space movement



### STEPS TO SUCCESS

These are the skills I need to achieve success in LKS2 tennis:

To watch, track, and catch a tennis ball successfully.

To perform a basic forehand action with increasing accuracy.

To perform a basic backhand shot with increasing control.

To hit a ball into space (at different speeds and heights) to try beat an opponent.

To keep a rally going using a range of shots.

To compete with others.

