



Oasis
PACS
Parent and Carer Support
Greater Manchester



How would you answer these questions?

Have your relationships with your children broken down?
Have you tried everything and feel like giving up, or have you already given up?
Do you feel like no one really understands how hard it is?
Are you willing to try something new to restore your relationship with your child?

If you answered 'Yes' to any of these questions, then we would love to invite you to join us for our next Encounter session!

How does Encounter work?

Through eight online sessions, our trained coaches offer a supportive and safe space for parents and carers to discuss the realities of parenting.

Our cohorts receive supportive tools and techniques that can help strengthen and protect relationships both with themselves, and the family as a whole.

You will have the support of a team of experienced practitioners and other parents.

We will walk with you every step of the way!

For further information Contact Us at:

✉ ParentAndCarerTeam@oasisuk.org

🌐 <http://Oasis-GM.org/PACS>

CONTACT US FOR MORE INFORMATION OR TO SELF REFER:

You can scan the QR code or click the link below to fill out the referral form. A member of our team will be in touch shortly.



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'I found the course encouraging and thought provoking and well led. The coaches were empathetic, down to earth, supportive.'

'I found the whole experience very rewarding especially that you 'listen' and help us 'act' on our school/parent/ child interactions.'

WHAT OUR PARENTS SAY!